



Lizpranalife

ICF & HRDC Accredited Coach | Silva Method Instructor | Regression Therapist |
Body & Biofield Therapist | Gene Keys Wisdom Keeper & Guide

Liza Lew, known as *elizpranalife*, is a passionate Soulpreneur Coach and Visionary committed to helping individuals align every aspect of their lives—business, career, relationships, and personal well-being—with their deeper purpose. With a unique blend of spiritual insight and practical entrepreneurial expertise, Liza empowers her clients to create businesses and lives that reflect their soul's true calling.

As a Soulpreneur Coach, Liza works with individuals to build purpose-driven careers and ventures that not only align with their core values but also foster personal fulfillment and a positive impact on the world. She is deeply dedicated to helping people tap into their true power, overcome self-doubt, and craft lives they truly love—both inside and out.

Liza's coaching approach is grounded in mindfulness, passion, and practical strategies. She guides clients to break through limiting beliefs, embrace their full potential, and lead lives filled with meaning, abundance, and impact. Her work inspires people to live with intention, turning their dreams into reality, while fostering growth in all areas of life—personal, professional, and relational.

A philosophy she learned from a Zen master is that everything around us is our teacher—a concept she embodies in both her work and her life. Through her guidance, people don't just transform their careers; they experience holistic transformation, becoming conscious contributors to humanity and creating a movement of purposeful entrepreneurship and soulful success.

Liza's holistic approach to life starts from within, nurturing prosperity, well-being, and meaningful relationships.

Living an authentic life requires courage—the courage to embrace who we truly are and live in alignment with our purpose.

As Richard Rudd beautifully puts it, "When we embrace our true purpose, we become a force of nature, and the world responds in kind."

I look forward to connecting and building a community rooted in love, light and synergy.

+60 111 670 3368

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